

# Things to see and do

## Penrith Lakes Attractions

Sydney International Regatta Centre has a wide range of recreational and sporting facilities for families as well as organised sporting events.

Visitors can also enjoy the recreational facilities, relax on family picnics, and take part in bike riding, fishing or roller blading around the rowing lake.

Try "catch & release" shore based fishing on Tuesdays. Phone 4730 0000 to find out what's on and for information about sailing and canoeing.

Penrith Lakes is also a drop zone for tandem skydiving. Skydive into Penrith Valley against the spectacular backdrop of the Blue Mountains. Phone 1800-SKYDIVE

The original inhabitants of Penrith Valley were the Darug tribe and Aboriginal sites of significance to the Gandangara people are to be found in the Bents Basin State Recreation Area. Evidence of Aboriginal history was unearthed during the development of Penrith Lakes where local traditions and art of the local Darug tribe are celebrated at Muru Mittigar Aboriginal Cultural Centre, phone 4729 2377, is open seven days a week. Try the Bush Tucka tastings and Verandah Café.

The Penrith Lakes Environmental Education Centre has more than 10,000 student visitors every year.

Penrith Whitewater Stadium is the only man-made whitewater course of its kind in the Southern Hemisphere. It is available year round for whitewater rafting, kayaking, beach volleyball and guided venue tours, all of which may be arranged by prior booking phone 4730 4333.

The Whitewater Café is open to enjoy waterside dining for that special breakfast or lunch.



For more information about what to see and do at Penrith Lakes phone Penrith Valley Visitor Information Centre on 1300 736 836

## Penrith Lakes Community Fishing Program



'Catch and Release' shore-based fishing at Penrith Lakes. Sundays and Tuesdays 9am - 5pm. Sydney International Regatta Centre, Castlereagh Road, Penrith Adults \$6.60 Children/concession \$3.30 Bring along your own equipment including barbless hooks and bait (corn, bread or worms - no live bait). Enter via Gate A and meet at the Boat Ramp in the P1 car park. Come along all welcome!

**For more information contact 4730 0000**  
[www.regattacentre.com.au](http://www.regattacentre.com.au)

*Program days and times are subject to change*



## PENRITH LAKES, CREATING A RECREATIONAL WONDERLAND



The Penrith Lakes vision is to create a vibrant and unique recreational precinct with expansive natural lakes, fascinating indigenous and historical highlights and wildlife preservation areas. All set in the beautiful natural landscape of the Nepean River and Blue Mountains.

Woven into this special environment will be delightful villages providing a wide choice of housing, community amenities, and employment opportunities, all with a life-long commitment to ecological and social sustainability.

Find out more about our plans. Visit the concept room today. For details visit [www.penrithlakes.com.au](http://www.penrithlakes.com.au)

### Penrith Lakes

81 - 151 Old Castlereagh Road,  
Castlereagh NSW 2749  
T: 02 4729 0044 W: [www.penrithlakes.com.au](http://www.penrithlakes.com.au)

